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Day	Meal Options	Dessert	Allergens
Monday	Breaded chicken wrap, jacket wedges, sweetcorn and mayonnaise	Fruit or yogurt 	      
	Quorn chunks wrap, jacket wedges. Sweetcorn and mayonnaise		     
	Jacket potato with tuna served with pots of cucumber or sweetcorn		 
	Jacket potato with baked beans served with pots of cucumber or sweetcorn		
	Jacket potato with cheese served with pots of cucumber or sweetcorn		
Tuesday	Mild chicken curry, with rice, peas and carrots, nan bread	Fruit or yogurt 	 Allergens in bread only:  
	Sweet potato and lentil curry, with rice, peas and carrots, nan bread		  Allergens in bread only:  
	Jacket potato with tuna served with pots of cucumber or sweetcorn		 
	Jacket potato with cheese served with pots of cucumber or sweetcorn		
Wednesday	Roast gammon ham with roast potatoes, mixed vegetable (and gravy)	Chocolate cookie (may contain nuts) 	 Allergens in gravy:   
	Pastry wrapped roasted vegetables with stuffing, roast potatoes (and gravy)		      
	Jacket potato with tuna served with pots of cucumber or sweetcorn		 
	Jacket potato with cheese served with pots of cucumber or sweetcorn		
Thursday	Ham & cheese pasta with vegetables (crusty bread will be served with KS2 meals)	Fruit or yogurt 	  Allergens in bread only: 
	Mediterranean tomato and roasted vegetable pasta (crusty bread will be served with KS2 meals)		  Allergens in bread only: 
	Jacket potato with tuna served with pots of cucumber or sweetcorn		 
	Jacket potato with cheese served with pots of cucumber or sweetcorn		
Friday	Fish fingers chips and vegetable sticks	Shortbread biscuit 	  
	Quorn nuggets with chips and vegetable sticks		   
	Jacket potato with tuna served with pots of cucumber or sweetcorn		 
	Jacket potato with cheese served with pots of cucumber or sweetcorn		

**Allergens Key:** Celery  Cereals/Gluten  Eggs  Fish  Milk  Sesame  Soya  Sulphur dioxide 

Other allergens that are not contained in any of our recipes are: - Crustaceans, Lupines, Molluscs, Mustard, Nuts & Peanuts. Please note, soya free chips and soya free roast potatoes, along with dairy free yoghurts (made from soya) are available upon request.

Spring term 2021 menu. Weeks commencing: 11/1, 25/1, 8/2, 1/3, 15/3, 29/3 (week 2)

Day	Meal Options	Dessert	Allergens
Monday	Jacket potato with baked beans served with pots of cucumber or sweetcorn	Fruit or yogurt 	
	Jacket potato with tuna and sweetcorn served with pots of cucumber		 
	Jacket potato with cheese and baked beans served with pots of cucumber or sweetcorn		
Tuesday	Pasta bolognaise with vegetables (crusty bread will be served with KS2 meals)	Fruit or yogurt 	    Allergens in bread only:  
	Vegetable pasta in tomato sauce (crusty bread will be served with KS2 meals)		  Allergens in bread only:  
	Jacket potato with tuna served with pots of cucumber or sweetcorn		 
	Jacket potato with cheese served with pots of cucumber or sweetcorn		
Wednesday	Roast turkey, roast potatoes, mixed vegetables (and gravy)	Chocolate cookie (may contain nuts) 	 Allergens in Gravy only:   
	Roast vegetable tart, roast potatoes mixed vegetables (and gravy)		  Allergens in Gravy only: 
	Jacket potato with tuna served with pots of cucumber or sweetcorn		 
	Jacket potato with cheese served with pots of cucumber or sweetcorn		
Thursday	Pork sausage, baked beans and oven baked smiley faces	Fruit or yogurt 	  
	Quorn sausage, baked beans and oven baked smiley faces		  
	Jacket potato with tuna served with pots of cucumber or sweetcorn		 
	Jacket potato with cheese served with pots of cucumber or sweetcorn		
Friday	Oven baked breaded cod with chips and vegetable sticks	Shortbread biscuit 	  
	Cheese omelette with chips and vegetable sticks		  
	Jacket potato with tuna served with pots of cucumber or sweetcorn		 
	Jacket potato with cheese served with pots of cucumber or sweetcorn		

**Allergens Key:** Celery  Cereals/Gluten  Eggs  Fish  Milk  Sesame  Soya  Sulphur dioxide 

Other allergens that are not contained in any of our recipes are: - Crustaceans, Lupines, Molluscs, Mustard, Nuts & Peanuts. Please note, soya free chips and soya free roast potatoes, along with dairy free yoghurts (made from soya) are available upon request.